

# Dermatology

## Top Doc: Karel Jill Ortiz, M.D.



Christian, Jackie, Nico,  
with their mom, Dr. Ortiz

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Albuquerque is no stranger to the sun. And, since new patients are diagnosed with melanoma every day, dermatologists have their work cut out for them. "While most skin cancers are seen in older people, melanoma affects young and old alike," says Karel Jill Ortiz, M.D. "It's important to wear sunscreen with SPF 30 daily on sun-exposed surfaces. Not only will this practice prevent skin cancer, but it will also prevent aging of the skin." Ortiz says she enjoys the variety of patients she sees and appreciates treating an assortment of skin problems with medicine or surgery. And when it comes to having a cosmetic procedure, Ortiz insists on only trusting a dermatologist or plastic surgeon to work their magic. "Dermatologists have to fix problems that occur when someone inappropriately trained in skin care performs cosmetic procedures," she says.

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